



General Information:

Name of Institution: Atlantic University Address: 215 67th Street, Virginia Beach, VA 23451 Year Founded: 1930 First Accredited: 1994 Accreditation Expires: 2025 (Currently reapplying for reaccreditation) Acting CEO/President: Dr. Michelle Mcnear

Accreditation(s) and Agency E-mail Contact Information:

Distance Education Accrediting Council, 1101 17th Street NW, Suite 808 Washington, DC 20036 (202) 234-5100 Fax: (202) 332-1386 www.deac.org

State Approval and E-mail Contact Information: State Council of Higher Education for Virginia, 101 N. 14th Street, James Monroe Building, Richmond, VA 23219, <u>communications@schev.edu</u>

Institution Mission Statement: Atlantic University's mission is to provide a high quality graduate-level distance education learning environment for adult learners that integrates body, mind, and spirit to help people achieve higher human potential and transform their lives, better understand their relationship to all life, and be of profound service to others.

Areas of Special Focus:

Masters of Arts in Transpersonal Psychology, Master of Arts in Mindfulness Studies, Graduate Certificate in Integrated Imagery: Regression Hypnosis, Graduate Certificate in Mindful Leadership, Spiritual Guidance Mentor Teacher Certificate, and Lifelong Learning Certificates.

Description of Institution: Atlantic University is a not-for-profit online graduate school offering a Masters of Arts in Transpersonal Psychology, Master of Arts in Mindfulness Studies, Graduate Certificate in Integrated Imagery: Regression Hypnosis, Graduate Certificate in Mindful Leadership, Spiritual Guidance Mentor Teacher Certificate, and Lifelong Learning Certificates.

Located on the campus of the Edgar Cayce's Association for Research and Enlightenment in Virginia Beach, Virginia, Atlantic University received its charter in 1930 with a vision of offering a liberal arts education through a holistic perspective. Struggling in the economic climate at the beginning of the Great Depression, Atlantic University remained open for only two years. The vision was kept alive in the minds of a group of individuals who kept the charter in force with the hope of once again opening AU's doors. Finally, in 1985, Atlantic University reopened as a residential graduate school with a curriculum that focused on the interdisciplinary field of transpersonal studies. In 1994, Atlantic University adopted a distance-learning model instituting one-on-one correspondence courses and achieved its first accreditation from the Distance Education and Training Council in the same year. In the fall of 2010, AU changed its instructional model to a three-semester online course delivery model. In 2017, AU moved to a 12-week, four semester per year model.

Student Demographic Profile: The typical Atlantic University student is female, US-based, between the ages of 40 and 60, and interested in personal enrichment and personal transformation. However, the student body includes individuals from their twenties to their eighties of both sexes from countries around the world, with a variety of reasons for enrolling.

Courses/Programs/Degrees: Master of Arts in Transpersonal Psychology, Master of Arts in Mindfulness Studies, Graduate Certificate in Integrated Imagery: Regression Hypnosis, Graduate Certificate in Mindful Leadership, Spiritual Guidance Mentor Teacher Certificate, Lifelong Learning

Average Program Tuition/Cost per credit hour: Academic courses are \$427 per credit hour or \$1281 per course; SGMT and other noncredit courses are \$855 per course.

Success Indicators: (Cohort 2016)

Master of Arts in Transpersonal Psychology Graduation Rate: 35% Average Years to Completion: 4

Master of Arts in Mindful Studies Graduation Rate: New Program Average Years to Completion: 4

Integrated Imagery Regression Hypnosis Graduate Certificate Completion Rate: 100% Average Months to Completion: 12

Mindful Leadership Graduate Certificate Certification Completion Rate: New Program Average years to complete: 2 Spiritual Guidance Mentor Training Completion Rate: 31% Average Months to completion: 24 Student Satisfaction: 100%

Program: Master of Arts in Mindful Leadership Achieved their learning goals: 93% Would recommend the course to a friend: 100% Were satisfied with their studies at Atlantic University: 100%

Program: Mindful Leadership Graduate Certificate Achieved their learning goals: 75% Would recommend the course to a friend: 100% Were satisfied with their studies at Atlantic University: 100%

Program: Master of Arts in Transpersonal Psychology Achieved their learning goals: 100% Would recommend the course to a friend: 100% Were satisfied with their studies at Atlantic University: 100% Program: Integrated Imagery: Regression Hypnosis: Achieved their learning goals: 100% Would recommend the course to a friend: 100% Were satisfied with their studies at Atlantic University: 100%

Program: Spiritual Guidance Mentoring Certificate Achieved their learning goals: 100% Would recommend the course to a friend: 100% Were satisfied with their studies at Atlantic University: 100%